ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Hypotension (Low Blood Pressure)

Hypotension can be due to dehydration, blood loss, heart failure, medication effects, or related to the natural dying process.

Common signs and symptoms to monitor for:

- Dizziness
- Fainting
- Light-headedness
- Blurred vision
- Weakness

Tips for Hypotension Management:

- Encourage adequate fluid intake as tolerated.
- Have the patient rise slowly from sitting or lying positions.
- Monitor blood pressure regularly.
- Administer medications as prescribed to manage blood pressure.

Record and Report to St. Francis:

- Blood pressure readings
- Feelings of "light-headedness" or "fainting"
- Falls or safety concerns
- Drastic changes (i.e. drops or rises) in blood pressure despite management

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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