ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Neuropathic Pain

Neuropathic pain results from damage to the nerves and can occur in conditions such as diabetes, chemotherapy-induced neuropathy, or nerve compression. Neuropathic pain can be described as burning, tingling, numbness, shooting, or sharp sensations that may be disproportionate to physical findings. Neuropathic pain can be difficult to treat because it may be unresponsive or only partially responsive to opioids.

Common signs and symptoms to monitor for:

- **Pain can be described as:**
  - Burning
  - Tingling
  - Numbness
  - Shooting
  - Sharp
- Sensitivity to touch

Tips for Neuropathic Pain Management:

- Administer prescribed pain medications, including anticonvulsants or antidepressants that can help with nerve pain.
- Apply warm or cold compresses to the affected area.
- Encourage gentle massage or physical therapy.
- Avoid tight clothing or anything that may irritate the affected area.

Record and Report to St. Francis:

- Pain severity, location (if able) and duration
- Medication effectiveness
- New or worsening pain not relieved by medications

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St. Francis Reflections is always available to assist with any questions or concerns 24/7

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