ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Pruritus (Itching)

Pruritus also known as itching can be caused by dry skin, liver or kidney disease, allergies, or certain medications. Itching can cause significant distress and/or discomfort.

Common signs and symptoms to monitor for:

- Persistent scratching
- Red or inflamed skin
- Dry patches or blotched reddened raised bumps
- Burning sensation

Tips for Itching Management:

- Use moisturizers to keep the skin hydrated.
- Administer antihistamines or other prescribed medications to relieve itching.
- Keep the environment cool; avoid overheating.
- Use mild soaps and avoid hot showers that can dry the skin further.

Record and Report to St. Francis:

- Report if itching is severe and does not respond to treatment
- Signs and symptoms of skin infection or breakdown from scratching
- Interventions that alleviate or worsen symptoms
- Spreading rash or skin discoloration

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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