ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Anti-Anxiety

Indications for Use:

- Reduce anxiety, restlessness, and agitation.
- May be used for difficulty sleeping.

Medication Examples:

- **Lorazepam** (Ativan), **Diazepam** (Valium), **Alprazolam** (Xanax)

Common Side Effects:

- Drowsiness
- Dizziness
- Memory problems
- May increase fall risk

Tips:

- **Administration:** Can be taken on a scheduled or as needed basis. **Follow ordered schedule instructions carefully.**
- ***As needed medications (PRN) for anxiety should be administered as instructed. If more than three (3) as needed doses are required, contact hospice team.**
- Drowsiness and dizziness should improve over time.
- Report adverse reactions such as worsening restlessness, insomnia, and/or worsening depression to hospice team.
- **Storage:** Store in a safe place, away from heat, sunlight, and moisture. Keep all medicines out of reach of children or pets.

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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