ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Anticholingerics

Indications for Use:

- Anticholinergics can be used for a variety of symptoms including overactive bladder, motion sickness, muscle spasms, and respiratory secretions.

Common Examples:

- **Oxybutynin**
- **Scopolamine**
- **Atropine**
- **Glycopyrrolate**

Common Side Effects:

- Dry mouth
- Drowsiness/Constipation
- Confusion
- Urinary retention
- Blurred vision (less common)

Tips:

- **Administration:** Atropine drops should be placed under the tongue, avoid giving with foods or drinks. Patches (scopolamine) apply to clean and dry skin behind the ear- rotate placement as needed if irritation occurs.
- Monitor and report to hospice team any symptoms of urinary retention and constipation.
- If tolerated, use mouth swabs or ice chips to alleviate discomfort due to dry mouth.
- **Storage:** Store in a safe place, away from heat, sunlight, and moisture. Patches should remain sealed until used. Keep all medicines out of reach of children or pets.

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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