ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Antidepressants

Indications for Use:

- Manages depression and, in some cases chronic pain, and generalized anxiety.

Common Examples:

- **Sertraline** (Zoloft): Selective serotonin reuptake inhibitor (SSRI) used for depression and anxiety.
- **Amitriptyline**: Tricyclic antidepressant often used for chronic pain or migraines in addition to depression.
- **Citalopram** (Celexa): SSRI used for depression.

Common Side Effects:

- Nausea
- Headache
- Sleep disturbances
- Restlessness (Initially)
- Dizziness
- Drowsiness/Confusion
- Dry mouth

Tips:

- **Administration:** Typically taken once daily, recommended to take at the same time consistently to maintain stable levels. Effects may take 2-4 weeks to fully develop.
- **Report mood changes, irritability, or worsening depression to hospice team immediately.**
- Take the medication at the same time every day to maintain stable levels, medication may take a few weeks to show effects.
- Side effects like nausea or dizziness may diminish after a few weeks.
- Do not stop taking this medication abruptly without speaking with hospice team.
- **Storage:** Store in a safe place, away from heat, sunlight, and moisture. Keep all medicines out of reach of children or pets.

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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