ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

Antidiabetics

Indications for Use:

- Manage blood sugar levels in patient with diabetes.

Medication Examples:

- **Metformin** (Glucophage)
- **Insulin** (Humalog, Lantus)
- **Glipizide** (Glucotrol)

Common Side Effects:

- **Metformin:** Gastrointestinal side effects (diarrhea, nausea) are common.
- **Insulin:** Risk of hypoglycemia (low blood sugar), which can cause dizziness, confusion, sweating, or fainting.
- **Glipizide:** Can cause low blood sugar, particularly in elderly patients or those with irregular eating habits.

Tips:

- **Administration:** Take oral tablets with water. For injections- rotate sites to avoid irritation.
- Take Metformin with meals to reduce stomach upset. Insulin is often recommended before meals.
- Keep quick sugar source available in case of low blood sugar levels (i.e. sweating, dizziness, decreased consciousness).
- **Storage:** Store in a safe place, away from heat, sunlight, and moisture. Keep all medicines out of reach of children or pets. Insulin typically requires refrigeration, check specific label instructions.

St. Francis Reflections is always available to assist with any questions or concerns 24/7

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