**ST. FRANCIS 24/7 CALL CENTER: (321) 269-4240**

St. Francis REFLECTIONS® Hospice
Established 1977 • Licensed 1990

# Bronchodilators

## Indications for Use:

- Opens airways by relaxing muscles in the lung. Relieves breathing difficulties especially in COPD and asthma.

## Medication Examples:

- **Albuterol** (Ventolin, Proventil)
- **Tiotropium** (Spiriva)
- **Fluticasone/Salmeterol** (Advair)

## Common Side Effects:

- Tremors
- Nervousness/jitters
- Rapid heart rate
- Mild throat irritation

## Tips:

- **Administration:** If experiencing difficulty using inhaler appropriately, speak to hospice team about other delivery options.
- Patient must be able to use inhaler properly for medication effectiveness. A spacer device may help with effective delivery.
- Rinse mouth after using inhaler to prevent dryness and/or discomfort. Recommended to regularly clean the inhaler.
- **Storage:** Store in a safe place, away from heat, sunlight, and moisture. Keep all medicines out of reach of children or pets.

St. Francis Reflections is always available to assist with any questions or concerns 24/7

**321-269-4240**